

<u>Courses of Action</u> English Speakers' Focus Group

Topic: Sustainable Jerusalem Lobby: Food Rescue

Courses of Action:

- A. Volunteering for JLM Food Rescuers (daily, weekly...)
 - a. Reclaiming food from the wholesale market in Givat Shaul and redistributing to others than need
 - b. Taking the above food and preparing/preserving it for communities in the new facility in the same complex
 - c. Bring the collected food to your community; either for those in need or set up a free booth/stand for all to partake!
 - d. Drive: pick up food to be rescued from different city locations and dropoff at the new facility/ elsewhere
 - e. Contact Moriah to volunteer: 052-822-2988
- B. Demonstrate support on social media outlets: via posts/ likes/ shares/ follow
 - a. JGF: Facebook: Instagram
 - b. 'Food Rescuers JLM': Facebook: , Instagram
- C. Attend Food Rescuers' events (also a way to know where/when to volunteer), see their English <u>website</u>
- D. Join the (mainly Hebrew, but you can write in English and ask for an English response) whatsapp group of the Food Rescuers to get real updates in real time:

https://chat.whatsapp.com/Jat0OMIGqKqEJfhkTfUB1M

- E. Educate yourself! Here are news articles about Food Rescuers JLM:
 - a. Jpost: 11 June 2020
 - b. Jerusalem Municipality Website (Hebrew): 22 Sept 2021
 - c. Haaretz (Hebrew): 15 Aug 2021
 - d. Kol Hair (Hebrew): 23 Sept 2021
- F. **Be careful not to waste food in your home!** Here's an <u>article</u> with some ideas on how to be conservative